

HAVE THE BABY

Raising the Child Myself:

- I'll get to see that precious little face, dress her, feed her, watch her grow, take her to soccer games, cheer her as she scores!
- I can still pursue my dreams of education, career, family.
- I'll be "mom", the most important person on earth to this child.
- Life will be hard. It won't break me. I'll be strong, better for the challenge.
- There's lots of help out there for me.
- No painful guilt or nightmares about the abortion.
- I'll never regret my choice.

Adoption

- There'll be patient, compassionate guidance all through the open adoption process..
- I'll get to choose the parents, ones that I trust.
- I won't have killed my baby. I will have



- given him loving parents and a good home.
- I can get news and pictures of the child as he grows up and arrange a visit from time to time.
- Maybe this is too painful to look at now ... but maybe later ... may be a good choice ...

YOU ARE NOT ALONE

THERE IS HELP FOR YOU AT AID TO WOMEN

300 Gerrard St E
Toronto, ON M5A 2G7
416 921 6016

AID TO WOMEN offers

- Information on abortion, pregnancy, contraception, and alternatives
- One-on-one on-going support and counselling
- Emergency housing, food, and rent assistance
- Wide range of medical, legal, and social services referrals
- Help for those without medical insurance
- Baby clothes, bedding, furniture, and baby food.
- Smiles. Prayers.

ALL SERVICES ARE FREE AND CONFIDENTIAL

HELP!!

I'm pregnant
and

I think

I want
an abortion



You're.....

PREGNANT....

frightened
confused
unsure what to do
maybe...
angry
resentful

CHILL OUT

These are pretty normal feelings even for someone who wants to be pregnant.

Don't **GRAB** at made-for-the-movies solutions.

Think it through....

This is *your life* and *your baby's life* we are talking about...

CHOOSE WISELY....

Choices.....

Have an abortion?

Choices.....

Have the baby?

Choices.....

Raise the baby myself? Adoption?

Choices.....

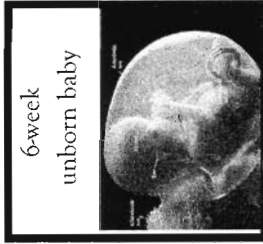
ABORTION

Arguments for:

- I won't have responsibility for this child for 18 years.
- I won't lose my figure.
- I can continue with school or work with no interruptions or inconvenience.
- My parents or boyfriend or husband won't be upset or mad at me.
- I won't feel this nausea any more.
- My boyfriend won't leave me.
- No more fear or worry about money problems.

Arguments against:

- *Abortion will kill my baby.*
- The baby inside me is alive. She has a beating heart, tiny hands, tiny feet, her brain is sending out brain waves, she feels pain..
- I could have serious physical complications: punctured uterus or intestine, heavy bleeding, dangerous infection, increased risk of breast cancer or miscarriages, even sterilitynever have another child....
- There will be some psychological effects: emotional vulnerability, anger, regret, deep depression, haunting guilt, nightmares, obsessions, self-abuse, recurring suicidal thoughts... It has happened to others.
- Drugs, alcohol abuse and empty serial sexual relations are common after abortion.
- Every Religion condemns taking an innocent life.



6-week
unborn baby

HAVING THE BABY

Arguments for:

- *Life* is our most precious gift! I can give life to my baby — my own child.
- This baby growing in my womb has so much love to give, so much joy.
- Maybe he'll be a great artist, an engineer or doctor, a dad with three beautiful grandchildren for me and our family tree.
- I could probably do it.....be unselfish....think positive.....trust I'll get help... I'll live with no painful regrets.... I can make it if I try....
- God will bless me.

Arguments against:

- If I continue with the pregnancy what will my friends say?
- What will my parents do and say?
- What about money or a place to live if my parents or boyfriend kick me out? How will my husband and I get by?
- I'll be embarrassed to show up pregnant at work or in class.



• No other choice

• I'm not ready for this.....

• What if